

Running Group

On the 17th of July, I would like the children, who attend the running club, to take part in Gedling Junior Park run on Sunday 17th July. This is an optional event, and your child does not need to attend, however I thought it would be a nice finish after the last week of the running club sessions.

Below, there is some information about Park runs if you are unfamiliar with how they work.



Park runs are free, weekly, community events all around the world.

On Sunday mornings, there are 2k junior park runs for children aged four to 14.

Parkrun is a positive, welcoming and inclusive experience where there is no time limit, and no one finishes last. Everyone is welcome to come along, whether you walk, jog, run, volunteer or spectate.

Your child can run the Park run on their own, however adults are allowed to run with them if they would like. There are marshals along the course who spur the children on and give them some encouragement.

Junior Park runs take place all around the country, however Gedling Junior Park run is the closest to us (only 13 minutes' drive from Stanstead school). The address is:

Gedling Country Park, Spring Lane, Gedling,
Nottingham, NG4 4PE

If you click on this link, you can find out further information:

<https://www.parkrun.org.uk/gedling-juniors/>

If you would like your child to take part in the Gedling Junior Park run on Sunday 17th July, you have 2 options.

1. Just turn up on the day and run. You will not receive a time but will have been successful in completing the park run.
2. Register with Parkrun and receive a barcode that will be scanned when you complete the race. You will then receive a time and placing once you complete the Park run. Your child will appear on the Parkrun results for that week (example below).

Gedling junior parkrun					
6/12/22 #253					
<div><input type="text" value="Start typing to search"/> ? Sort by Position ▲ ☰ Compact</div>					
POSITION	PARKRUNNER	GENDER	AGE GROUP	CLUB	TIME
1	Finlay KIRKWOOD	Male	JM11-14		09:28
2	Tegan DUFF	Female	JW11-14	Rushcliffe AC	09:41
3	Felix SALISBURY	Male	JM11-14		PB 09:48
4	Jasper HORNE	Male	JM10		10:25
5	Henry WALKER	Male	JM10		PB 10:26
6	Joshua BARRETT	Male	JM11-14		🌿 10:33
7	Ivy DICKENSON	Female	JW10		10:48
8	George ARNOLD	Male	JM10		10:57
9	Charlie BROAD	Male	JM10		PB 11:10
10	Unknown				
11	Fyfe BENNER	Male	JM10		PB 11:28
12	Evelyn WHEAT	Female	JW10		PB 11:30
13	Oliver EATHERINGTON	Male	JM10		🌿 11:30
14	Daniel FRANCIS	Male	JM10		11:36

If you would like to register your child, here is the link:

<https://www.parkrun.org.uk/register/?section=form>

If you decide you would like your child to take part, please let me know and I will arrange to meet you and your child at the venue at 08:40am on Sunday 17th July.

Thank you

Mrs Smith